

JEDI TRAINING - TELEKINETIC FLEXING (EPISODE 39)

Welcome back to Jedi Training. The title of this podcast is Telekinetic Flexing.

We're going to be flexing our mind over matter through pushes and pulls, and we're going to be coaching you through it the best we can in slow motion.

Now, when we push or pull something in the physical world, obviously we use our muscles.

And, you know, today we just kind of take it for granted because we've been doing it for so long.

And telekinetics is kind of like that.

Eventually you'll forget how you picked it up. You'll just be doing it, and it'll come natural to you.

But to get there, it takes a little practice.

And so we're going to try and help you flex your mental muscle.

Of course, you know, the biggest obstacle is disbelief, doubt, skepticism.

Trust me when I tell you you can do this.

And experience makes it more impressive.

Now, pushes and pulls in terms of telekinetics is metaphysical.

We're not going to be able to open doors with our minds just yet.

I haven't really tried, but I think disbelief is keeping me, you know, from doing that.

I haven't really focused on it.

But the objective of pushing and pulls and telekinetics essentially isn't to move matter.

It's to move energy.

And so the world is made of energy.

And, you know, people have energy flowing through them.

And the interdimensional entities that you'll be encountering are basically energetic in nature.

There's some form of condensed energy with consciousness.

And so these techniques, when applied in interdimensional warfare, are much more impressive than they are in the physical realm.

But it does have an impact on people.

And it does have an impact on entities that are in this world.

And those can be entities that are feeding off other people or things of that nature.

We'll get into more of that in a future podcast.

But essentially what we're looking at here is pushing and pulling with our mind instead of with our muscles.

And we're looking to push and pull energy from ourselves or to ourselves.

And we're going to start with the pull because it's a little easier than the push.

And so to practice, basically what you're going to do is you're going to go into a quiet environment.

You're going to close your eyes and you're going to focus on your breathing in and out.

Kind of like martial arts, karate kid, wax on, wax off.

In through the nose, out through the mouth.

And what you're looking to achieve here is basically drawing in energy as you're inhaling air.

So when you inhale air, you're drawing it from the environment.

You can't see air, right?

You know it's there, but you can't see it.

But what you're doing is, you know, when you're inhaling, you're drawing in air from the environment.

Does it exist?

Obviously yes, but, you know, it'd be an interesting debate.

So you have to think about it like instead of drawing in air, you're drawing in energy.

You can't see the energy just like you can't see the air.

But it's there.

Everything is made of energy.

$E = MC^2$.

So everything is basically energy.

And you can turn it into energy with a spark.

With a flame.

Basically.

So what we're trying to do is we're trying to draw in energy from the environment as we're drawing in the air.

And so we're going to practice breathing in and breathing out.

Breathing in through the nose.

And as we're breathing in now, we're going to be focusing on this ether of energy that's around us.

And we're going to try and tap into it and draw it in like air as we breathe in.

And basically it comes in not only through the nose, but it comes in through the eyes, through the temple region, and through the heart.

And basically when you do it right and you focus on all of these body parts, you know, your temple region, your eyes, your heart, your nose.

And as you're breathing in, you're going to start feeling something drawing in with the air.

And you may have experienced this before and not paid attention to it.

Or maybe you have paid attention to it and you've played with this a little bit.

But essentially where we go from here gets more interesting.

So we're practicing on basically feeling the energy.

And this is where, you know, Tai Chi kind of comes into play a little bit.

You can feel the energy flowing through you and you can feel the energy in the environment around you.

And basically you want to draw in this energy through your receptive body parts.

And, you know, your hands are, you know, an amazing antenna as well.

And with a little practice you can draw in energy through your hands as well.

But essentially, you know, we're just going to practice on drawing in energy, slow motion style.

In Tai Chi and all that, it's all basically slow motion.

And so you're going to feel the ether around you.

You're going to draw in the energy through your nose, through your eyes, through your temple region, through your heart, through your whole body.

Eventually you're going to feel like almost like you're a cartoon character with superpowers drawing in something that you don't understand.

Now, what we're going to do eventually is apply this to other purposes.

But what's important to note here is that the eyes are like a vast antenna array.

We've talked about this briefly in a podcast way back.

But the eyes are made of like all sorts of cones and rods.

It's literally like a mini harp.

Array antenna.

An array of antennas that are hardwired right into your brain with like fiber optics.

You know what I mean?

Real fiber optics.

And so they're a hugely powerful organ in telekinetics.

And that means you have to protect your eyes.

We'll get into more of that in a future podcast.

But what we're going to learn to do is as you become comfortable drawing in energy from the environment and drawing it in through your body,

what we're going to do is now we're going to find targets.

And we're going to use our eyes to focus on a target and draw in energy from that target.

And sometimes, you know, you need a little help from your hands.

Like you want to imagine like, you know, your hands are like wafting in the energy a little bit.

And, you know, at first it kind of sounds a little kooky, but once you get a feel for it, you'll realize there's something there.

And it's important to learn how to associate what you're seeing with your eyes and being able to affect that target at a distance through telekinetics.

And pulling is real easy.

To pull is really easy.

I mean, you just basically look at a target, start breathing in through your nose, and then start drawing energy from them.

But, you know, your eyes are basically fixing on the target.

And your eyes are telling your brain, you know, which is telling your nose what to sniff in, if you will.

And your nose is probably the easiest organ to focus on when it comes to drawing in energy from a target.

And essentially, you know, once you start connecting your nose to what your eye is seeing and you're trying to draw it in, then your eyes start drawing it in as well.

And then you can kind of like have your hands come in and scoop a little bit and help out.

And that kind of brings us to the push.

The push essentially is instead of drawing in energy from the environment, you're using energy that's within you to project into the environment.

And so that's the push.

And the push is basically something that we've described before, but it's, you know, hugely essential.

And, again, the idea is to connect the target that you're seeing with your eyes to, you know, what you're thinking about and then projecting it through your hands or your fingers as kind of like an easy way to get started.

And, again, we're doing this in the physical so that we can apply it in the spiritual dimension, in the spiritual battlefield, beyond the veil into the twilight zone.

So you have to practice on physical targets.

And essentially what you want to imagine is that, in a sense, you're kind of like Freddy Krueger with, like, these super long claws.

But instead of claws, you're thinking, you know, like lasers, laser pointer.

And you're not really going to see in broad daylight what's coming out of your hands.

You'll see it more in a dark environment.

For some reason, it really kind of stands out in a dark environment.

When you're well-practiced and, you know, you point your finger out, you'll see, like, what looks like a little beam coming out.

It's pretty far out.

And it gets even more intense with an instrument like a scalpel or a sword of the spirit.

But essentially what you have to imagine in broad daylight at a target, and, again, target selection is, you know, real important.

But in today's world, there's plenty of targets out there.

So chances are, you know, you're going to hit something.

Unless you're aiming for a kid or something, you know, but more than likely, you know, you find just about anybody out there, they're probably shady these days.

So basically what you're going to do is now, instead of drawing in energy, you're going to be imagining because it's mind over matter.

It begins with the imagination.

It begins with what you're thinking in your mind.

And so you're going to imagine that, basically, you're slicing through that person.

But to kind of get started, you really have to also imagine that your eyes are not only targeting and, you know, fixing on the target, but that your eyes are assisting in the attack.

And, essentially, you're going to feel something, you know, basically simmering in your eyes.

I don't mean that in a bad way, but you're going to feel like your eyes are playing some kind of role in what's happening.

And it takes a lot of practice.

I mean, at first it just, you know, just sounds like we're going to the moon and back.

But it helps, you know, using your right hand.

And you're basically going to be focusing, almost like squinting your eyes at the target a little bit.

And then imagining the projection from your finger piercing through the target.

Now, we kind of talked about this, you know, in a few podcasts.

But it's important that we talk about it in slow motion.

Because, basically, what we're doing is we're imagining penetration at the target.

We're not really focusing on the beam coming out of our fingers or a beam coming out of our eyes.

What we're actually focusing on is penetration at the target.

And, basically, it's like imagine that your finger reaches that person.

And now the big challenge is that final push through.

So, as you point your finger at the target, you're basically, you know, lighting them up.

And then now you just want to squint a little bit and then focus on your target.

Focus on your finger.

Make a solid connection in your mind and then push through.

And so, you know, this takes, you know, some practice.

And it takes, you know, a certain kind of mindset to be doing something like that.

And, obviously, you know, it's not a normal thing that most people would do.

But, essentially, there's a reason why we're focusing on this.

And, again, it's because we'll be applying this technique to future campaigns.

And so, this technique will be absolutely important when you're trying to attack entities from another dimension on the other side.

And so, we're basically going to be finding targets, locking on the targets, and trying to hit them.

And it is challenging.

But, essentially, the first weapon that you really have to practice with is your finger and your eyes and pushing through.

And then, you know, when you actually have an instrument in your hand and you're used to doing that, then it becomes slightly easier to kind of cut through what you're looking to cut through telekinetically.

The effects are, well, it's not like stabbing a person.

But, they definitely feel it.

And, more importantly, the entities that are within them or attached to them will feel it as well.

And there will be some kind of disruption in their symbiosis.

And, the rabbit hole goes really deep here because there's an idea that each person is basically mirrored somehow in the spiritual world.

And then, there's things connected to that.

And, we're not going to spend a whole lot of time on that because it's, you know, it's basically theoretics.

It's a lot of theories from religious scholars.

And, you know, it gets into things that we're just not ready to get into right now.

But, essentially, when you pierce a person with a spiritual weapon, it has a domino effect, a ripple effect on the other side.

And, it also has an effect on the person.

It's a pretty, you know, devastating kind of thing.

And, of course, you know, eventually you can use this skill as kind of like a snake bite.

And, essentially, you know, you're not sitting there just, you know, dissecting the person all day.

It's basically you're injecting like a code or a fig tree command into that person.

And, so, as you pierce through, it's basically death, good riddance, move on to the next target.

And, you know, snake poison takes a while and this takes a while.

How long it takes, it really just depends on the skill and where that person is at in terms of their life.

But, the idea is basically to eliminate the enemy.

But, at first, it starts with, you know, connecting the dot.

And, so, you focus on the target.

And, you line up your finger to that target.

You're looking at the target.

You're imagining the spot where your finger is pointing at the target.

You're looking at it.

And, then, it's the final push through into that person, through that person.

And, then, out you go.

And, then, you can kind of practice, you know, like making horizontal or vertical, you know, cuts in that person.

And, you know, it is, you know, it sounds what it sounds like.

It's war.

It's, you know, this isn't poetry.

So, but this is a skill, again, that we'll be applying to interdimensional warfare in the future.

And, what happens, basically, is that when you enter into the twilight zone, you get a window into, basically, some kind of area of interest.

And, it depends, you know, a lot of things depend on what you're going to see.

Or, what you're going to see depends on a lot of things, you know.

But, basically, you're jumping to some unknown location in another universe.

And, you know, I don't have, you know, all of the answers.

But, essentially, there's definitely some relationships with how you get there.

And, sometimes, you know, the scene will just kind of, you know, show up.

And, then, sometimes, you can basically go hunting in a specific area in space and time.

And, you know, all of that is a little more advanced than we need to be right now.

But, essentially, the idea is that when we cross over in the twilight zone and we're viewing areas of interest,

we'll see entities and we'll talk more about what they look like and how they operate.

You know, we've talked a little bit about that in the podcast, The Core.

You know, a lot of them have a certain look to them.

But, most of those kind of things are like sentinels.

They're like blocking the road.

And, the idea is to get around the sentinels and to things of more interest.

But, a lot of the things that we see on the other side basically have this look of Saturn eyes or cubes, geometric shapes.

And, then, you'll get flashes of alien intelligence.

And, you'll get flashes of creatures and forms that are just out of this world.

And, so, basically, if it looks hostile, you want to destroy it.

And, getting from basically the mundane to the more specific is, you know, another journey altogether.

But, essentially, it's what you have to imagine is that we're in a giant universe with all sorts of advanced civilizations that have telekinetic awareness and telekinetic abilities.

And, so, they can see what you're doing.

They can see what you're up to.

They can see what you're attacking.

And, sometimes, they'll try to basically jump in.

And, when they try and jump in, usually that's when you get a flash of what these things are.

And, sometimes, the image is just there for, like, a split second and it's gone.

But, you try to remember it long enough to try to, you know, sniff up to where they are.

I mean, that's the basic working theory right now.

And, I've seen a lot of real nefarious entities, to say the least.

And, races and creatures.

And, it's hard to say if they're still alive or if they're in some kind of energetic, spiritual form.

Don't really know.

I think there's some of both.

I've seen things that are basically rough outlines.

And, I've seen things that are basically, like, in living color, like, like, a movie scene.

And, it's way beyond anything you'll ever experience once we get you there.

But, you don't want to go there, you know, naked and unarmed and just unprepared and all of that.

You know, you're going to show up to some kind of intergalactic war.

Or, intergalactic war with, like, a spitball gun.

And, it's just not going to work out.

So, you know, it's worse than anyone can imagine.

And, I know how that sounds.

But, seeing is believing.

And, once I get you past the twilight zone.

And, you see this for yourself.

Then, you'll realize, you know, what is this nightmare that we find ourselves in?

What's going on?

So, and that's just, you know, part of the problem.

The other part of the problem is dealing with the current situation on the ground.

Because, once you start fighting this interdimensional war.

Then, you start dealing with all sorts of boogeymen jumping out of the bushes.

And, we're dealing with, you know, cyborgs, advanced technology.

Everything becomes weaponized.

And, you know, it's a bad situation.

But, overall, the situation is real bad.

And, so, this isn't, you know, a hobby.

This isn't a choice.

It's like we're conscripted into this war.

Because, you know, the situation is real bad.

So, that's why it's important that all of you continue to prepare physically, mentally, spiritually.

Listen to scripture every single day.

And, of course, start planning financially.

Start having some kind of remote work plan.

And, that way you can basically, you know, fund whatever comes your way.

Shielding, having to move.

You know, doing all sorts of basically, you know, secret operative kind of stuff.

To survive and to, you know, basically open up a window so that you can launch attacks.

And, that becomes the main obstacle.

Is, securing your location well enough so that you can launch attacks.

Which requires, basically, sensory deprivation.

You basically have to be comfortable to be able to do it.

If there's, you know, a nagging energy weapon attack hitting you.

It's real tough to launch a campaign.

And, that's basically where we're going.

And, we'll, you know, train you into that.

But, the idea is basically to protect yourself.

And, then, you know, dedicate as much time as you can on offense.

Which ends up being, you know, maybe like an hour or two hours a day.

And, then, the rest of the time you've got to survive.

And, opening up that window.

That's to say, you know, going into the twilight zone and beyond.

Finding spiritual wickedness and attacking it.

Is, more or less a full time occupation all around.

So, it doesn't sound like a whole lot of fun.

But, this is where the war is at.

And, our point of view is that what's happening in the physical world is fueled and driven by what's happening in the spiritual world.

So, the more that we can disrupt spiritual wickedness, wherever it comes from.

The better off we're going to be on planet earth.

And, of course, you know, this is just one angle of attack.

You know, there's things happening in the real world.

But, there's plenty of people that are dealing with that.

You know, the best they can.

And, our role basically is to support what's happening in this world by attacking the evil from the spiritual world.

And, so, it really sounds abstract.

It sounds intangible.

It sounds, you know, I know what it sounds like.

I know exactly what it sounds like.

Like I said, seeing is believing.

And, once you penetrate into the other side, you open up a window, you see an enemy, you hit it.

Then, all of a sudden, you know, all of the assets around you are activated.

You're the target.

It's like, you know, welcome to the matrix.

And, you've probably already gotten, you know, a feel of that.

But, it gets much worse.

It's almost cynical.

So, that's what's on the horizon.

And, practicing telekinetics in the physical world is an important step to being able to apply that into the spiritual world.

So, if you have no experience, if you have no skills in telekinetics in this world, you know, it doesn't matter what I show you.

In the next world, you're not going to be able to hit it.

You're not going to be able to do anything.

You may be able to see it.

And, they'll probably be able to see you.

And, it's just going to be a catastrophe.

So, before you get to that point, you basically have to prepare yourselves from A to Z, all contingencies.

And, you can't be prepared enough.

But, some of you will have a better situation than what I'm experiencing right now.

I'm basically deep behind enemy lines.

In a real bad spot.

To a certain extent, I'm still here.

But, you know, it's not pretty.

And, so, hopefully, some of you will have an easier time at this, but it's not going to be a cakewalk.

And, so, get all the shielding materials that you can.

You know, our concepts and understandings of what works basically changes every day.

And, you know, we're still, we're still basically using sheet metal and, you know, iron and stuff as primary shielding and aluminum.

You know, other things.

We're trying out other things like copper and all that.

But, there isn't a magic solution to the, to the energy weapon attacks except for sheet metal.

So, lots of it backed up with, you know, auto jamming aluminum foil that's basically layered in a certain way that it traps the EMF.

And, so, we'll get more into that.

We're still testing out new concepts.

You know, we're looking at radar absorption techniques and the like right now.

But, you know, these, these attacks basically have a very devastating long-term effect.

And, so, it's like working in Fukushima.

But, sheet metal, you know, get as much of it as you can.

You're going to need it for shielding in all directions.

And, it's not enough for certain things.

But, that's basically your primary go-to shielding material.

We'll have to leave it there for this podcast.

There's so much more that we can say.

There's nothing that replaces experience and practice.

And, you know, eventually you're going to stumble upon the technique that works.

At first, it's going to seem lame.

At first, it's going to seem it's not working.

Put all of that aside.

Know that you can do it.

And, focus.

And, don't think you can.

Just know you're doing it.

Even if you're doing it wrong at first, you know, eventually your hardware will boot up.

And, eventually you're going to see feedback.

They're going to try and hide it from you the best they can.

They don't want you to know how effective or ineffective your attacks are.

So, it's almost like launching SCUD missiles at first.

You don't really know.

But, the more you practice, the better you're going to get at it.

And, you need to practice and you basically need to, you know, boot up your hardware so that you can go to the next level.

Otherwise, there's really no point in going beyond the twilight zone.

If you're not practicing this, if you're not doing local area warfare, if you're not making a list of fig trees,

if you're not practicing through windows of time, pictures, movies, etc.,

then, you know, there's really no point in going into the twilight zone.

But, that's where the fight is at.

And, that's where we need, you know, people.

But, it's not a vocation for everybody and it is the most dangerous thing out there, basically.

So, your mission, if you choose to accept it, is to be like a secret agent, a soldier of light against this army of darkness.

But, the battle begins in your local environment.

And, then you'll be able to increase your range.

And, you know, we're basically talking about possibilities that include, you know, an infinite universe,

multiple universes, other dimensions that just aren't physical.

And, so, there's a lot to cover.

There's a lot to do.

And, eventually what we want to do is basically synchronize attacks and harmonize.

And, you know, get you to enlist other people.

You know, that's going to be tough.

But, before, you know, before you get there, I mean, basically you've got to get on the battlefield.

So, prepare, prepare, prepare.

Every day is, you know, is a war where I'm at.

And, you know, there's all sorts of covert action happening.

I mean, I can't even, I don't even want to tell you what I went through today.

But, it's just, you know, jaw-dropping, unbelievable, you know, BS, like non-stop, from morning till night, that you've got to deal with.

I mean, you're just basically huffing and puffing in frustration all day.

You know, this just can't be happening, but it is.

And, you know, eventually you get over it.

But, every day is a struggle.

Every day, it's a fight.

Once you get on, you know, the battlefield, you realize, you know, this is a war.

And, everything becomes, you know, a bit of a struggle.

But, you've got to prepare.

And, you've got to have personal armor because eventually they'll try and deprive you of supplies.

They'll try and attack you at the store.

And, you know, I've told the story before where, you know, there's this one time where I went into the grocery store basically without armor.

And, I went out running for my life.

So, pretty sure I told that story.

I could tell it again.

I've got lots of war stories.

We'll have to do a podcast on war stories.

But, right now, we need your training on telekinetics.

And, of course, you know, what fuels us primarily is our faith.

And, so, it's really important that you listen to scripture and you tune into scripture every single day.

And, basically, every verse is a huge lesson to learn.

To learn about.

And, so, we'll be, you know, talking about that more in the upcoming ministry.

And, right now, we're just trying to tie up a bunch of loose ends and get everything organized so that we can do that.

But, we've still got a lot of work to do.

And, winter is coming and, so, you know, this is the toughest time of the year when darkness basically dominates, you know, the day.

The hours of the day, we should say.

And, so, you know, winter tends to be a tougher time, more or less, in spiritual warfare.

But, it's where the action is.

So, this is a good time to get, to get on the bus, if you will.

So, we hope that you're practicing.

And, we hope that you're having an impact going through the, through the list of fig trees.

That, in itself, will have a huge impact.

And, you know, add new names.

And, be justified.

Because, the wicked will not be justified.

So, find new targets.

And, then, you know, eventually, you're going to start feeling the pressure in your sphere of awareness.

And, those are targets.

And, so, you know, speak at them.

And, then, try to hit them with push and pull attacks.

And, the better you get at that, the more skills you'll have when it comes to interdimensional warfare.

So, it's very real.

It sounds the way it sounds like.

I totally get that.

Like, I wouldn't want to be talking about this on a date.

But, you know, once you experience it, you'll realize just how, you know, far out it is.

And, you'll want to know as much as you can about it.

And, you know, we've got plenty to tell.

So.

But, the situation is much worse than, than anyone can imagine.

I've seen things that are just beyond spooky.

I couldn't fear monger enough when it comes to the evil that's out there.

Pure evil.

Monstrous evil.

Tell her next time.

If you're listening to this, you are.

The Resistance.

All right.

Thanks.

Thanks.

Thank you.

Thank you.

Thank you.

Thanks.

Thank you.

Thanks.

Thanks.

Thanks.

Thanks.

Thanks.

Okay.

Thanks.

Thanks.

Thanks.

Thanks.

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Thank you.

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Thanks.