

SPIRITUAL VAMPIRES (EPISODE 4)

Welcome back to Jedi Training Telekinetics Episode 4.

The topic of this discussion is going to be spiritual vampires, and it's exactly what it sounds like.

There are people out there that will suck the life force right out of you, like adrenochrome or a blood transfusion, but it's done through telekinetics.

Generally, it's older people clinging on to life that are deploying this type of tactic.

So you should beware of the little old lady that tries to strike up a conversation that loiters around you at the store or some other public place.

Sometimes it can even happen in your household.

And this is an old tactic of the dark sign, something that you're going to be confronted with.

And it's a bit like getting hit by a tick or a leech.

You don't always feel it creeping up on you.

You don't always feel it happening right away.

Generally, it's a sensation of fatigue, but it can be something a little more to the point.

But you definitely feel like there's something wrong in the presence of this old person.

You don't know exactly what it is.

We're going to be talking about spiritual vampirism because this is a war.

And it's like a guerrilla war.

Sometimes you have to pick up the weapons of the enemy and use it against them.

You may not like it, but it is what it is.

So if they can do it to you, you can do it to them.

And we're not going to have the big debate, you know, should we be doing this or not?

This is a war.

And we're going to be talking about all the possibilities, to say the least.

But first and foremost, you have to defend yourself from spiritual vampires.

And so you have to know that this phenom exists.

And like we said, you just definitely want to avoid loitering around old people as much as possible.

It's not always easy.

And we're not talking about being impolite, but it is what it is.

This is something that you'll encounter frequently in the old world.

In the new world, it's hard to say.

Not sure how many old ladies in America are practicing spiritual vampirism, but it can happen.

There's a lot of witchy people out there.

And sometimes in the Matrix, it's not just them that's doing it.

Spiritual vampirism can happen from entities that you can't even see.

Like an invisible tick, in a way.

We're not going to address that so much, because there's only one real solution for those types of attacks.

Which is something that we'll get into in a later broadcast.

We'll get more and more advanced in our ideas as this series unfolds.

But for the time being, before we can run, we need to learn how to crawl.

So what is spiritual vampirism from the first person perspective?

It's one thing to be a victim of spiritual vampirism and not fully understand what's going on.

But what is it like to pick up the enemy's weapon and use it against them?

And we're not saying that you should target little old ladies, but this can be useful on the battlefield.

Another form of attack.

And perhaps before you give them the coup de grace of the upside down cross,

you may want to have a little fun with your prey.

And so, it can be useful in the sense that

whatever you acquire or accumulate can be used at a later time.

Spiritual warfare requires spiritual currency.

And, you know, a lot of it has to deal with virtue, but some of it has to deal with other things that there really isn't a vocabulary for.

But essentially, it's like picking up ammunition on the battlefield.

And so you should always be ready to grab some ammo from people.

There are many things that kind of amplify your ammunition and your stockpile.

And this is just one of the many things that you should be looking for.

But spiritual vampirism from the first person perspective, that is to say, if you were going to attack using this tactic,

essentially requires an understanding of the energy that flows through you.

And there are many different types of energy that flow through you.

Electromagnetic and, you know, things that are described by other cultures that we really don't have a vocabulary for in modern science.

But let's just call it chi.

And essentially what you're looking to do is to aspire,

not transpire, perspire, or expire,

but aspire, like inhale,

their life force.

Sounds cruel and unusual.

Which it kind of is.

But,

what you're looking to do, essentially, is
to practice.

Because practice makes perfect.

And of course, you really want to pick the right
target.

So we've kind of talked about
target selection in previous broadcasts,
but

obviously you kind of want to pay attention to
what you're doing,
and

you don't want to target children.

but

first you kind of have to imagine
something like the karate kid.

Breathe in, breathe out.

Breathe in, breathe out.

And so, in martial arts, basically,
you know,

how you breathe is very important.

And it becomes more important
depending on the discipline of martial arts
that you're
following, if you will.

But you kind of see this in weightlifting,
you kind of see this in other
physical activities,
breathing is very important.

And, you know,

breathing is important.

But the idea is to

breathe in

the life force of the other individual.

Thinking about how to describe this is

kind of mind-blowing, but

the life force of the individual

tends to be

centered around their midsection.

From their stomach to their

chest, if you will.

Most understanding of chi,

or that type of energy,

is centered around the stomach.

And

so that tends to be

what you're

aiming for.

Now, at first,

it takes a little bit of

imagination.

It almost seems like

you could classify this as

miscellaneous whatever,

but

it is what it is.

And so what you're looking to do

is essentially focus on

their

midsection,

their stomach,

if you will.

Their loins.

Between the waist and the heart
is probably the best way to
describe it.

And we mean the real waist,
not like, you know,
above the hips waist.

But basically,
you're kind of,
you know,
thinking around above the
hips.

You have to imagine that
in your mind
you can reach in there.
and
the best way to describe this
is that

you're not
inhaling it through your nose,
but through your eyes.

and that tends to be a real
big kind of
idea

in telekinetics.

So the eyes are
a vast antenna array
of cones and rods.

You can kind of look that up
for yourself
to get a
cartoonish diagram.

But essentially,
your eyes are like

a super complex
antenna array.
And while we think of it
mostly as
a way to
download
a stream of information
from the world around us,
photons are streaming
into our eyes.
They're
hitting the retina.
They're hitting actually
these antennas
that are on the retina.
which are described
as cones and rods
which pick up
color and black and white.
And then they get
pumped into
the brain
into what's referred to
as the occipital
lobe
we should say.
And
it's translated
into imagery.
But essentially,
it's kind of like
information streaming
into your brain

through photons.

Kind of like a CD-ROM

in a way.

But much more complex.

But

in this case,

we're not looking to

absorb photons.

We're looking to

absorb something else.

And so

the way this works

essentially is

to imagine

that

you're streaming

in their life force

through your eyes.

But you do it

in a way

as you

breathe in.

Preferably through the nose.

Breathing in

through the nose

and imagining

bringing in

the energy

from their

midsection

into you.

Now,

it's kind of an

interesting idea
for a number of reasons.
because
generally
when we
ingest
something
or eat
something
or absorb
something,
it tends to be
through the mouth.
We don't really
think of the eyes
as a way to
absorb anything,
really.
But
you can.
I mean,
you can absorb
eye drops
through the eyes.
People take drugs
through the eyes.
You can absorb
things through
the skin as well.
There's a lot of
medication
and
other drugs

that you can
essentially absorb
through the skin.

So,
you know,
the mouth
isn't the only
way to absorb
nutrients
or
things that are
around you.

but generally
speaking,
you know,
we think of
of our organs
in a certain way.

We use the ears
to hear.

We use the eyes
to see.

We use the tongue
to taste.

We use the nose
to smell.

We use the skin
to touch.

But
essentially
we can do more
with
all of these

organs
than
what meets
the eye.
this takes
a little
practice
and of course
target selection
is really
kind of important
and it is
a little
secondary
in terms of
all the things
that you can do
out there
but it is
one of the
steps
that you have
to take
in order
to
accomplish
bigger things.
We're not saying
that you have to
be a spiritual
vampire
but we
would say

that it's a
skill that's
useful
for other
things
down the
road.

You'll be
using your
eyes for
things
beyond
seeing
in the
future.

And so
training your
eyes to do
more than
just see
is basically
the main
goal of
this discussion.

Again,
you know,
spiritual
vampirism
isn't really
something that
we're big
into but
it's useful.

it's like

picking up

ammo,

it's like

guerrilla

warfare,

you can

use what

you acquire

for later.

And it may

have some

other benefits.

We don't

really see a

whole lot of

drawbacks unless

you're

targeting

innocent

individuals.

In any

case,

that's all

going to

blow back

on you.

But if

you're

hitting the

enemy,

it's all

fair in

love and
war.
So,
that's the
big idea
is to
essentially
find
targets that
are
valid
and to
practice
spiritual
vampirism
for
yourself.
Again,
not because
we want
to be
vampires,
but it
will be
useful
for future
discussions.
Training
your eyes
to do
more than
just see
is a

step in
the right
direction.
Because not
only can
your eyes
download,
but essentially
they can
upload.

And
acquiring
that skill
takes more
practice and
it does
consume
a type
of energy
that
tends to
be limited
to a
certain
extent.

And so
finding
appropriate
fuel
supplies for
these types
of
activities

is a
limiting
factor.

And
limiting
factors are
an important
idea in
chemistry
and biology.

And
life in
general.

Limiting
factors are
basically when
you have a
complex
equation.

Something is
going to run
out first.

And it can
be like
applied to
let's just
keep it
simple and
work our
way up.

If you're
planning,
you know,

a road
trip or a
vacation,
things are
going to
run out.

or at
your home,
you know,
you run
out of
things.

That ends
up being
a limited
factor,
a limiting
factor.

And so
you have
to resupply.

But
in just
about
everything
that you
do,
you end
up being
confronted
with
limiting
factors.

Some
things you
can
replenish,
some
things you
can't.

and so
being
mindful of
that is
always
helpful on
the
battlefield.

And of
course,
every
situation
is
different.

But the
more experience
you gather
on the
battlefield,
the more
you'll realize
that limiting
factors are
something that
you have to
think about.

And in
spiritual
warfare,
it tends
to be
something
that's
always an
issue.

You're
always having
to get
supplies.

You're
always having
to make
raids to
get supplies.

And getting
supplies becomes
more and more
difficult the
more you
get engaged
in this
war.

They don't
want you to
be able to
get food.

They don't
want you to
be able to

get gas.

They don't
want you to
be able to
make money.

They don't
want you to
be able to
go out.

They don't
want you to
be able to
communicate.

They don't
want you to
be able to
do anything.

And so
they'll be
constantly
attacking your
supply lines.

And so
resupplying
tends to be
a major
objective
sometimes.

And when
it comes to
the more
complex ideas
of spiritual

warfare,
notably
launching
attacks,
on the
dark
side,
on their
own
territory,
you tend
to be
confronted
with the
need for
a certain
type of
environment,
as well
as certain
types of
enhancements.

And there
are many
things that
can enhance
your abilities.

We've kind
of talked
about that.

in the
first
broadcast,

but
essentially
what you'll
come to
understand is
that it's
always better
with some
enhancement.
it.

I can
imagine a
few light
bulbs going
off there,
but
essentially
what you'll
encounter
and what's
well documented
is that
attacks
basically happen
in sessions.

your
attacks,
their
counter
attacks,
and so
it's kind
of like

surfing,
it's kind
of like
riding the
waves,
and everything
needs to be
just right
for you to
surf.

life.

But once
we start
talking about
sessions where
we're attacking
the dark
side through
advanced
telekinetics,
you'll
realize that
basically it's
like a
bell curve,
takes a
while to
take off,
and
you can
only
be in
session for

so long.

Eventually

the enhancements

wear off,

eventually

something

distracts

you,

eventually

something

happens,

you fall

asleep,

and so

it tends

to be

difficult

at times

to get

everything

that you

need.

and of

course,

you know,

one of the

things that

you're going

to need

is the

spiritual

energy

that you

can use.

things that

go into

it,

it's not

just

your

environment

and

things like

that.

so

essentially,

spiritual

vampirism

is,

well,

it is what

it is.

it's a

way to

train

yourself

to be

able to

do what

comes

next.

And when

you're first

introduced to

the idea,

I mean,

you're probably,
you know,
thinking,
you know,
what's this?

I mean,
it really
sounds,
really
sounds
bad.

And,
you know,
I'm sure
if somebody
had,
you know,
talked to
me about
this like
20 years
ago or
something,
I probably
would have
been a little
offended.

but
essentially,
you know,
it needs
to be
done

in order
for you
to be
able to
do what
needs to
be done.
It's kind
of like the
idea of,
you know,
shooting an
enemy on
the battlefield.

I mean,
that doesn't
sound real,
you know,
positive or
delightful or
anything like
that.

I'm sure,
you know,
when a lot
of people
sign up for
the military,
they're like,
you know,
thinking to
themselves,
you know,

they're going
to serve
their country
and all
of that.

And then
when they
get to
the battlefield,
they realize
that it's
not at all
like the
TV commercials.

and so,
it is what
it is.

But the
idea is to
train your
eyes.

Now,
you know,
what kind
of feedback
are you
going to
get if
you're doing
it right
versus if
you're not
doing it

right?

and,

you know,

there really

isn't a

rapid test

for this.

I can't

really report

that there's

any kind

of high

or any

kind of,

you know,

fuzzy feeling

or, you

know,

you don't

feel like

you just

had an

energy drink,

really.

You just

know that

you're just

pulling on

somebody.

And,

you could

practice,

I mean,

essentially,

without a

target.

You can

probably pull

something out

of the

environment,

out of the

air,

out of the

space that's

around you.

And,

this kind

of,

you know,

brings us

into techniques

that just,

you know,

have to be

practiced

hands-on,

essentially.

And,

that's why,

you know,

having a

little background

in Tai Chi

or something

is kind

of useful
because you
can feel,
you can
feel that
there's
something
going on.
Again,
this isn't
like
a huge
footnote
in human
history.
history.
It's
basically
learning how
to breathe
in and
out in
a spiritual
way.
That's
probably the
best way
to put it,
breathing in
and out
spiritually.
But,
you don't

want to
really breathe
out.
keep what
you got
and then
you want
to apply
it
when the
time is
right.
And,
that's pretty
much all I
can say
about it.
We'll try
and describe
the real
applications
for this
skill set
in the
future.
But,
it's something
that you're
going to
have to
try
and breathe
and absorb

and inhale
energy
through the
eyes.
like I
said,
I mean,
it can
be,
you can
draw it
in from
just about
everywhere,
but,
drawing in
the life
force from
the enemy
essentially
gives them
an impression.

But,
learning to
draw in
through the
eyes
energetically
eventually
will allow
you to
project
through the

eyes
energetically
as well.
And,
that's a
skill that
we'll have
to work
on.
But,
the eyes
are not,
in our
opinion,
the most
powerful
antenna at
our disposal.
again,
every bone
in your
body is
like an
antenna
made of
metal,
has a
wavelength,
or has a
length,
like an
antenna that
emits a

wavelength,
and that is
affected by
wavelengths.

the eyes
in terms of
what we're
going to
do next
is mostly
for
visualizing
and targeting.

But,
eventually
you'll see
what I
mean by
being able
to
experience
the sensation
of absorbing
energy through
the eyes.

And so,
you fix
on a
location,
you fix
on a
target,
you fix

on an
area,
you breathe
in through
the nose,
and you
imagine
aspiring
through the
eyes at
the same
time,
as you're
breathing
in through
the nose.

And,
essentially,
that's how
it starts.

The more
you practice
it,
the more
second nature
it becomes,
and there
isn't really
any other
way to
describe it.
You're not
going to

find this

in a

textbook.

And,

there may

be other

ways to

conduct

spiritual

vampirism,

but,

as far

as I

know,

the eyes

seem to

be

the best

way.

Don't they

say the

eyes are

the gateway

to the

soul?

The eyes

are the

gateway to

your spiritual

energy.

energy.

And,

so,

you can
feed that
spiritual
energy
through the
eyes.
It's not
something that
you're going
to want to
over-obsess
about,
because,
you know,
all activity
using the
eyes that
isn't,
you know,
just basic
vision,
tends to
tax,
you know,
your system
after a
while.
So,
don't
overdo it.
But,
essentially,
be aware

that it's
possible,
and be
aware that
you should
practice a
little bit.

Flex that
muscle a
little bit.

We'll leave
it there for
this broadcast.

Appreciate
everybody tuning
in.

Until the
next time,
if you're
listening to
this,
you are
the resistance.